



At Tale of Spice we offer some of the best dishes from across the Indian sub continent, with some classic regional dishes, as well as modern fusion cooking.

Our team have been extensively trained at some of the finest 5-Star Hotels in India and Indian Restaurants from around the world as well as in Northern Ireland, lead by experience and creative Head Chef, Ben Gautam.

To compliment our wide range of dishes there is a list of carefully selected wines to make your dining experience memorable.

Should you require any assistance in choosing your meal, please do not hesitate in asking a member of our team.

**Welcome and Bon Appetite**

## Allergen Information



Whilst we will do all we can to accommodate guests with food intolerances and allergies, we are unable to guarantee that dishes will be completely allergen-free.

**Strength of curries:**

🌿 Mild 🌿🌿 Medium 🌿🌿🌿 Fairly Hot 🌿🌿🌿🌿 Hot 🌿🌿🌿🌿🌿 Very Hot



# TALE OF SPICE

## starters

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**Onion Bhagee** 🌶️ .....£5.75  
Sliced onions gently spiced deep fried in gram flour batter.

**Vegetable Pakora** 🌶️ .....£5.75  
A selection of fresh vegetables flavoured with herbs & spices dipped in light lentil flour & crispy fried.

**Duo of Samosa** 🌶️ 🌱 🌾 .....£5.75  
Mix vegetables & mince, wrapped in a triangle shaped filo pastry & deep fried.

**Tale of Spice Mixed Vegetable Starter** 🌶️ 🌱 🌾 .....£6.50  
A selection of vegetable samosa, onion bhagee & vegetable pakora.

**Duck Spring Rolls** 🌶️ 🌱 🌾 🌿 .....£6.75  
Succulent duck lightly spiced & wrapped in a crispy pancake.

**Chicken Puri** 🌶️ 🌱 🌾 .....£6.95  
Chicken cooked with onions, tomato in a sweet & sour sauce wrapper in a soft pancake bread.

**Aloo Chaat** 🌶️ 🌶️ .....£5.95  
A popular Indian street food of tangy & spicy crispy potatoes.

**King Prawn Puri** 🌶️ 🌱 🌾 🌿 .....£8.50  
King prawns cooked with onions, tomato in a sweet & sour sauce wrapped in a soft pancake bread.

**Chicken Pakora** 🌶️ 🌱 .....£6.50  
Lightly spiced strips of chicken breast battered in lentil flour and deep fried until crisp & golden.

**Battered Cod Fish Pakora** 🌶️ 🌱 .....£6.95  
Lightly spiced strips of cod fish battered in lentil flour and deep fried until crisp & golden.

**Tempura King Prawns** 🌱 🌾 .....£6.95  
Deep fried butterfly king prawns served with homemade chilli sauce.

**Garlic King Prawns** 🌱 🌾 .....£8.25  
King prawns tossed in butter, garlic cheese & fresh herbs.

**House Starter** 🌱 🌾 🌿 .....£7.95  
Selection of chicken pakora, onion bhajee, vegetable pakora & chicken tikka.

**Paneer Koliwada** 🌶️ 🌱 .....£6.95  
Indian cheese batter coated with gram flour, ginger, garlic and mild spices & golden fried.



# TALE OF SPICE

## tandoori starters

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**Tandoori Chicken** 🌶️🌶️🍴.....£6.25

Chicken on the bone marinated overnight freshly cooked in a tandoori oven.

**Chicken Tikka** 🌶️🌶️🍴.....£6.95

Chunks of chicken breast marinated in spicy yoghurt sauce & cooked in tandoor for an authentic char-grill taste.

**Lamb Sheek Kebab** 🌶️🌶️🍴.....£6.95

Minced lamb delicately spiced cooked with fresh garlic, ginger, mint, coriander & green chillies grilled in tandoor.

**Tandoori Mix** 🌶️🌶️🍴.....£8.50

A selection of barbecued chicken tikka, lamb tikka, tandoori chicken & sheek kebab all freshly cooked in tandoor.

**Tandoori Monkfish** 🌶️🌶️🍴.....£8.95

Fresh monkfish marinated in light spices and cooked in tandoor.

## sharing starters

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**Tale of Spice Sharing Platter for Two** 🌶️🌶️🍴🌱🍴🍴.....£13.95

A selection of onion bhajee, vegetable pakora, chicken pakora, tempura prawns and chicken and lamb tikka tossed with onion, peppers, herbs and spices.

**Tale of Spice Seafood Sharing Platter for Two** 🌶️🌶️🍴🍴🐟.....£14.95

A selection of tandoori monkfish, cod pakora and king prawns tossed with onion, peppers herbs and spices.

**Tale of Spice Sharing Platter for Three to Four** 🌶️🌶️🍴🍴🍴🍴.....£23.95

A large selection of onion bhajee, vegetable pakora, chicken pakora, tempura prawns and chicken tikka, lamb tikka, sheek kebab tossed with onion, peppers, herbs and spices.



# TALE OF SPICE

## old favourite dishes

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**All following dishes are available in**

<b>Vegetable</b> .....	<b>£15.50</b>
<b>Tender Chicken</b> .....	<b>£16.95</b>
<b>Chicken Tikka</b> .....	<b>£17.95</b>
<b>Tender Lamb</b> .....	<b>£18.95</b>
<b>Mixed Meat</b> (Chicken Tikka & Lamb) ..	<b>£19.50</b>
<b>King Prawn</b> 🍤.....	<b>£19.95</b>

### **Curry** 🌶️🌶️ 🍴

Cooked in medium curry sauce and Chef's blend of mild spices.

### **Dopiaza** 🌶️🌶️ 🍴

Cooked with mixed Indian herbs & lots of sautéed cubed onions.

### **Madras** 🌶️🌶️🌶️ 🍴

Hot curry cooked with Chef's blend of mixed Indian spices.

### **Vindaloo** 🌶️🌶️🌶️🌶️ 🍴

Our hottest curry - cooked in a very hot thick sauce with potatoes.

### **Korma** 🌶️ 🍴 🥥

Cooked in creamy sauce with coconut, almond powder & sultanas.

### **Roganjosh** 🌶️🌶️ 🍴 🥥

Cooked in a blend of Indian spices, tomatoes, onions & fresh herbs topped with a creamy sauce.

### **Bhuna** 🌶️🌶️ 🍴

Cooked with a blend of spices, tomato, onions & fresh coriander.

### **Patia** 🌶️🌶️🌶️ 🍴

Cooked with lots of onions, dash of lemon juice in a special sweet & sour thick sauce.

### **Dansak** 🌶️🌶️🌶️ 🍴

A sweet & sour curry cooked with lentils & pineapple.

### **Kashmiri** 🌶️ 🍴

Cooked with fruits in a creamy sauce.

**All served with a choice of Pilau Rice, Boiled Rice or Chips.  
(Upgrade to any sundries instead for £1.45)**



# TALE OF SPICE

## tandoori sizzling main specialities

**All dishes are cooked in traditional clay oven (Tandoor) and served on a sizzler dish accompanied by curry sauce.**

### **Tandoori Chicken** 🌶️🌶️ 🍷.....£17.95

Chicken on the bone marinated in ginger, garlic, yogurt & spices cooked in a tandoori oven.

### **Lamb Sheek Kebab** 🌶️🌶️ 🍷.....£18.95

Finely minced lamb mixed with a special blend of herbs, spices, ginger & garlic barbecued on skewers in tandoor.

### **Chicken Tikka** 🌶️🌶️ 🍷.....£18.95

Succulent boneless chicken in a spicy yoghurt sauce marinated overnight and cooked in a tandoor for a char-grilled taste.

### **Chicken Shashlik** 🌶️🌶️ 🍷.....£19.95

Succulent chicken, onions, peppers and tomato all marinated in yogurt and chefs secret spice mix cooked in tandoor.

### **Lamb Shashlik** 🌶️🌶️ 🍷.....£20.95

Tender lamb, onions, peppers and tomato all marinated in yogurt and chefs secret spice mix cooked in tandoor.

### **Tandoori Mix** 🌶️🌶️ 🍷.....£21.95

A special selection of barbecued chicken tikka, lamb tikka, sheek kebab & tandoori chicken cooked in tandoori oven.

### **Monkfish Shashlik** 🌶️🌶️ 🍷🐟.....£23.95

Moist monkfish marinated in light spices cooked in tandoor with onions, tomatoes & green peppers.

**All served with a choice of Pilau Rice, Boiled Rice or Chips.  
(Upgrade to any sundries instead for £1.45)**



# TALE OF SPICE

## tale of spice house specials

### Chicken Tikka Masala 🌶️ 🍛 🍷 ..£17.95

Chicken tikka gently spiced, cooked in butter with ground almonds, coconut & cream.

### Chicken Chettinad 🌶️🌶️ 🍛 🍷 .£17.95

A South Indian favourite, tender chicken flavoured with red chilli paste, turmeric and dry coconut.

### Pasanda 🌶️ 🍛 🍷

### Chicken/Lamb..... £17.95/£18.95

Chicken tikka or tender lamb in a creamy sauce of almonds, coconut, yoghurt & lemon juice.

### Saag 🌶️ 🍛

### Chicken/Lamb ..... £17.95/£18.95

Chicken tikka or tender lamb cooked with spinach in chefs specially selected herbs & spices to form a thick sauce.

### Karahi 🌶️🌶️ 🍛 🍷

### Chicken/Lamb..... £17.95/£18.95

Tender chicken or lamb cooked in onion, green pepper, tomatoes smothered with a rich creamy sauce of almonds & coconut.

### Jalfrezi

### Chicken/Lamb.....£17.95/£18.95

### (Creamy 🌶️ 🍷 or Hot 🌶️🌶️ 🍛 )

Chicken tikka or tender lamb cooked with onions, green peppers, fresh chillies and mushrooms - in a rich creamy, or hot tangy sauce.

### Butter Chicken 🌶️🌶️ 🍛 🍷 .....£17.95

Chicken tikka simmered in satin smooth tomato gravy flavoured with fenugreek leaves.

### Garlic Chicken Chilli 🌶️🌶️🌶️ 🍛 ...£17.95

Chicken Tikka cooked in fresh garlic, onion, peppers & green chillies in a hot sauce.

### Chicken Tikka

### Chilli Masala 🌶️🌶️ 🍛 .....£17.95

Diced Chicken tikka cooked with fresh green chillies, onions & tomatoes in a hot thick sauce.

### Punjabi Masala 🌶️ 🍛 🍷

### Chicken/Lamb.....£15.75/£18.95

Tender Chicken or Lamb cubes cooked with onions and peppers in a creamy sauce of almonds & coconut.

### Balti Exotica 🌶️🌶️ 🍛

### Chicken/Lamb..... £17.95/£18.95

Chicken tikka or tender lamb lightly spiced & barbecued with chopped green peppers, onions, green chillies & fresh coriander.

### Khurchan

### Chicken/Lamb 🌶️🌶️ 🍛

### .....£17.95/£18.95

Shredded chicken or lamb cooked with fresh garlic, ginger, onion, green peppers, green chillies, tomato and coriander in a hot onion sauce.

**All served with a choice of Pilau Rice, Boiled Rice or Chips.  
(Upgrade to any sundries instead for £1.45)**



# TALE OF SPICE

**Rezala Chicken/Lamb** 🌶️ 🍷 🍷  
.....**£17.95/£18.95**  
Chicken Tikka or Tender Lamb cooked in green peppers, coconut, cream & cashew nut paste.

**Nagpuri** 🌶️ 🌶️ 🍷 .....**£19.95**  
Chicken tikka and lamb cooked with onion and peppers in a flavoursome thick hot sauce.

**Rara Gosht** 🌶️ 🌶️ 🍷 .....**£18.95**  
Tender pieces of Lamb & Lamb mince cooked with ginger, garlic, green chillies & aromatic ground spices.

**Tale of Spice Tikka Khazana** 🌶️ 🍷 🍷 .....**£20.95**  
Chicken tikka, tender lamb and king prawns cooked with onion and peppers spiced with chefs special blend of herbs & spices to produce a delicate flavour.

## chef's seafood recommendations

**Fish is supplied by local fishmonger, Walter Ewing**

**King Prawn Jalfrezi**  
**(Creamy** 🍷 **or Hot** 🌶️ 🌶️ 🌶️) 🍷 🍷  
.....**£19.95**  
King prawns cooked in onion, green peppers, onions, mushrooms & fresh chillies in a creamy or hot tangy sauce.

**Garlic Chilli King Prawns** 🌶️ 🌶️ 🍷 🍷  
.....**£19.95**  
King prawns cooked in fresh garlic, peppers & green chillies in a hot sauce.

**King Prawn Kerala Curry** 🌶️ 🍷 🍷 🍷 .....**£19.95**  
King prawns in a mild, creamy coconut flavoured sauce with curry leaves.

**Goan Fish Curry** 🌶️ 🌶️ 🍷 🍷 🍷 .....**£20.95**  
An aromatic Cod fish curry cooked with fresh coconut curry leaves, cracked mustard and tamarind.

**Monkfish Balti** 🌶️ 🌶️ 🍷 🍷 .....**£22.95**  
Monkfish marinated overnight in mild Indian spices cooked with onion, peppers, tomatoes & green chillies and chefs special homemade balti sauce.

**Special Seafood Balti** 🌶️ 🌶️ 🍷 🍷 🍷 .....**£23.95**  
Prawn, Cod & Monkfish cooked with onion, peppers, tomatoes & green chillies in a balti sauce.

**All served with a choice of Pilau Rice, Boiled Rice or Chips.  
(Upgrade to any sundries instead for £1.45)**



# TALE OF SPICE

## biryani dishes

Cooked with specially selected basmati rice, herbs, spices & sultanas.

All biryani dishes accompany a curry sauce.

Vegetable Biryani 🌱🌱🍷..... £15.50

Chicken Biryani 🌱🌱 🍷..... £17.95

Lamb Biryani 🌱🌱 🍷..... £18.95

Chicken Tikka Biryani 🌱🌱 🍷 .... £18.50

Prawn Biryani 🌱🌱 🍷🍷..... £19.95

Tale of Spice Special Biryani 🌱🌱 🍷🍷  
..... £20.95  
(Chicken, lamb & king prawns)

## vegetarian dishes

**Tadka Dal** 🌱🌱 🍷 .....£7.95 / £15.50  
Side Main  
Yellow lentils tempered with garlic.

**Mutter Paneer** 🌱🌱 🍷 .....£8.95 / £15.95  
Main  
Indian cheese & peas in a mild gravy of onions and tomato.

**Karahi Paneer** 🌱 🍷🍷 .....£8.95 / £15.95  
Main  
Indian Cheese cooked with green peppers, onions & tomatoes smothered in a rich creamy sauce.

**Saag Paneer** 🌱 🍷 .....£8.95 / £15.95  
Main  
Cottage cheese cooked with spinach & garlic.

**Dal Makhari** 🌱🌱 🍷 .....£8.95 / £15.95  
Main  
Black lentils simmered with a cream gravy of tomato, ginger, garlic and mild spices.

**Saag Aloo** 🌱🌱 🍷 .....£7.95 / £15.50  
Side Main  
Spinach with potatoes cooked in a mild sauce

**Bombay Potatoes** 🌱🌱 🍷 £7.95 / £15.50  
Main  
Potatoes lightly spiced in a medium sauce flavoured with cumin seeds

**Aloo Gobi** 🌱 🍷 .....£7.95 / £15.50  
Main  
Potatoes & cauliflower lightly spiced

**Chana Masala** 🌱 🍷 .....£7.95 / £15.50  
Main  
Chickpeas cooked in a mild sauce

**Cauliflower Bhajee** 🌱🌱 🍷 ..£7.95 / £15.50  
Main  
Fresh cauliflower cooked in chef's blend of herbs and spices.

**All Main Vegetarian dishes are served with a choice of Pilau Rice, Boiled Rice or Chips.  
(Upgrade to any sundries instead for £1.45)**



# TALE OF SPICE

## vegan menu

### starters

**Onion Bhajee** 🌶️ .....£5.75  
Sliced onions gently spiced deep fried in gram flour batter.

**Vegetable Pakora** 🌶️ .....£5.75  
A selection of fresh vegetables flavoured with herbs & spices dipped in light lentil flour & crispy fried.

**Channa Puri** 🌶️ 🌱 .....£5.95  
Chickpeas cooked with onion and tomatoes in a sweet and sour sauce served on top of a soft puri bread.

**Potato & Pea Samosa** 🌶️ 🌱 .....£5.75  
Lightly spiced potatoes and peas in a triangle shapes filo pastry & deep fried

### main courses

**Mixed Vegetable Bhuna** 🌶️🌶️....£15.50  
Cooked with a blend of spices, tomato, onions & fresh coriander.

**Mixed Vegetable Patia** 🌶️🌶️🌶️...£15.50  
Cooked with lots of onions, dash of lemon juice in a special sweet & sour thick sauce.

**Tadka Dal** 🌶️ .....£15.50  
Yellow lentils tempered with onion and garlic.

**Aloo Gobhi** .....£15.50  
Potato and cauliflower lightly spices cooked with onions.

**Saag Aloo**.....£15.50  
Spinach purée and potatoes cooked in a mild sauce.

**All vegan main courses are served with boiled rice or chips.  
Upgrade Vegan Roti or Chappati for £1.45**

## kids meal

(for ages 10 or under)

**Chicken Goujons with Chips** 🌱 🌱 .....£5.95

**Chicken Nuggets with Chips** 🌱 .....£5.95

**Fish Goujons with Chips** 🌱 🐟 .....£5.95

**Chicken Korma with Rice or Chips** 🌱 🌱 .....£8.95

**Chicken Tikka Masala with Rice or Chips** 🌱 🌱 .....£8.95

**Chicken Curry with Rice or Chips** 🌱 .....£8.95



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## sundries

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### rice

Steamed Rice .....	£3.50
Pilau Rice 🍴 .....	£3.50
Mushroom Pilau Rice 🍴 .....	£3.95
Fried Rice 🍴 .....	£3.95
Special Fried Rice 🍴 🍷 .....	£3.95
Vegetable Rice 🍴 .....	£3.95

### sides

Chips .....	£3.50
Side Salad .....	£2.95
Raita .....	£2.95
Poppadum .....	£1.25
Poppadom & Dips for 2 .....	£3.95
Poppadom & Dips for 4 .....	£4.95
Sauces 🍴	
(Masala 🍷 /Korma 🍷 /Madras) ..	£5.95

### freshly baked indian breads

Plain Naan 🍷 🍴 🍷 .....	£3.50
Garlic Naan 🍷 🍴 🍷 .....	£3.75
Chilli Naan 🍷 🍴 🍷 .....	£3.95
Peshwari Naan 🍷 🍴 🍷 🍷 .....	£3.95
Garlic & Coriander Naan 🍷 🍴 🍷 .....	£3.95
Cheese Naan 🍷 🍴 🍷 .....	£3.95
Cheesy Garlic Nan 🍷 🍴 🍷 .....	£3.95
Keema Naan 🍷 🍴 🍷 .....	£3.95
Tandoori Roti (Whole Wheat) 🍷 .....	£3.50
Chapatti (Whole Wheat) 🍷 .....	£3.25