

All main meals come with Pilau Rice or Boiled Rice or Chips.

Chef's Seafood Recommendations

Fish is supplied by local fishmonger Walter Ewing.

Garlic Chilli King Prawns*** (BF) (V) (GF) £12.50

King prawns cooked in fresh garlic, peppers & green chillies in a hot sauce.

King Prawn Jalfrezi (V) (GF) (V) £12.50 (Creamy* (V) or Hot ***)

King prawns cooked in green peppers, mushrooms, onions & fresh chillies in a creamy or hot tangy sauce.

King Prawn Kerela Curry* (BF) (V) (GF) (V) £12.50

King prawns in a mild, creamy coconut flavoured sauce with curry leaves.

Goan Fish Curry*** (BF) (V) (GF) £15.95

An aromatic Cod fish curry cooked with fresh coconut curry leaves, cracked mustard and tamarind.

Monkfish Balti*** (BF) (V) (GF) £15.95

Monkfish marinated in mild Indian spices cooked with onion, peppers, tomatoes & green chillies in a thick sauce.

Special Seafood Balti*** (BF) (V) (GF) (V) £15.95

Prawns, Cod & Monkfish cooked with onion, peppers, tomatoes & green chillies in a thick sauce.

Vegan Menu vegan starters

Vegan Onion Bhaji* (BF) £4.25

Sliced onions gently spiced deep fried in gram flour batter.

Vegetable Pakara* (BF) £4.25

A selection of fresh vegetables flavoured with herbs & spices dipped in light lentil flour & crispy fried.

Vegan Channa Puri** (V) £4.95

Chickpeas cooked with onion and tomatoes in a sweet and sour sauce served on top of a soft puri bread.

Vegan Potato & Pea Samosa** (V) £4.25

Lightly spiced potatoes and peas in a triangle shapes filo pastry & deep fried.

All vegan main courses come with boiled rice or chips.

vegan main courses

Vegan Mixed Vegetable Bhuna** (BF) £9.95

Cooked with a blend of spices, tomato, onions & fresh coriander.

Vegan Mixed Vegetable Patia*** (BF) £9.95

Cooked with lots of onions, dash of lemon juice in a special sweet & sour thick sauce.

Vegan Tadka Dal* (BF) £9.95

Yellow lentils tempered with onion and garlic.

Vegan Aloo Gobhi* (BF) £9.95

Potato and cauliflower lightly spiced with onions.

Vegan Saag Aloo* (BF) £9.95

Spinach purée and potatoes cooked in a mild sauce.

Vegan Channa Saag* (BF) £9.95

Chickpeas and Spinach cooked in mild spices.

All main vegetarian dishes come with Pilau Rice or Boiled Rice or Chips.

Vegetarian Dishes

Side Main

Tadka Dall** (BF) £4.95 / £9.95

Yellow lentils tempered with garlic.

Mutter Paneer** (BF) (V) £5.50 / £10.50

Indian Cheese & peas in a mild gravy of onions and tomato.

Karahi Paneer* (BF) (V) (GF) £5.50 / £10.50

Indian Cheese cooked with green peppers, onions & tomatoes smothered in a rich creamy sauce.

Saag Paneer* (BF) (V) £5.50 / £10.50

Cottage cheese cooked with spinach & garlic.

Dal Makhani** (BF) (V) £5.50 / £10.50

Black lentils simmered with a cream gravy of tomato, ginger, garlic and mild spices.

Saag Aloo** (BF) (V) £4.95 / £9.95

Spinach with potatoes cooked in a mild sauce.

Bombay Potatoes** (BF) (V) £4.95 / £9.95

Potatoes lightly spiced in a medium sauce flavoured with cumin seeds

Aloo Gobi* (BF) (V) £4.95 / £9.95

Potatoes & cauliflower lightly spiced.

Bombay Jeera Aloo** (BF) (V) £4.95 / £9.95

Potatoes lightly spiced in a medium sauce flavoured with cumin seeds

Channa Masala* (BF) (V) £4.95 / £9.95

Chickpeas cooked in a mild sauce.

Cauliflower Bhajee** (BF) (V) £4.95 / £9.95

Fresh cauliflower cooked in chef's blend of herbs & spices.

Soft Drinks

Coke/Diet Coke (Can) £1.25

Coke/Diet Coke (1.25ltr) £2.95

Sundries

Pilau Rice (BF) (V) £2.75

Boiled Rice (BF) £2.75

Mushroom Pilau Rice (BF) (V) £3.25

Vegetable Rice (BF) (V) £3.25

Fried Rice (BF) (V) £2.95

Special Fried Rice (BF) (V) (GF) £3.25

Chips (BF) £2.75

Plain Naan (V) (GF) (V) £2.85

Garlic Naan (V) (GF) (V) £2.95

Pashwari Naan (V) (GF) (V) (GF) £3.25

Keema Naan (V) (GF) (V) £3.25

Garlic & Coriander Naan (V) (GF) (V) £3.25

Cheese Naan (V) (GF) (V) £3.25

Chilli Naan (V) (GF) (V) £3.25

Tandoori Roti (Whole Wheat) (V) (GF) £2.75

Vegan Tandoori Roti (V) £2.75

Vegan Chapati (V) £2.75

Poppadom (BF) £0.95

Dips (BF) £0.95

Sauces

(Masala (V) / Korma (V) / Curry / Madras) (V) (GF) £4.50

Kids Menu

Chicken Nuggets & Chips (V) £4.25

Chicken Goujons & Chips (V) (GF) £4.25

Fish Goujons & Chips (V) (GF) £4.25

Chicken Tikka Masala with Rice or Chips (BF) (V) .. £8.50

Chicken Korma with Rice or Chips (BF) (V) .. £8.50

Chicken Curry with Rice or Chips (BF) £8.50

ALLERGEN INFORMATION



take away menu

DELIVERY SERVICE AVAILABLE
TUESDAY TO SUNDAY

Up to 6 miles for Postcodes
BT4, BT5, BT6, BT8, BT16, BT18 & BT23



Opening Hours

MONDAY Closed (Except Bank Holidays)

TUESDAY - THURSDAY 5pm to 10pm

FRIDAY & SATURDAY 4:30pm to 10:30pm

SUNDAY 2pm to 10pm




UNIT 2B, OMNIPARK COMPLEX, DUNDONALD, BT16 1YG

028 9048 7676 / 028 9048 4855

www.taleofspicedundonald.com f taleofspicedundonald

Starters

Onion Bhagee*  **£4.25**
Sliced onions gently spiced deep fried in gram flour batter.



Vegetable Pakora*  **£4.25**
A selection of fresh seasonal vegetables flavoured with herbs & spices dipped in light lentil flour & crisply fried.

Tale of Spice Mixed Vegetable Starter*   **£4.95**
A selection of vegetable samosa, onion bhagee & vegetable pakora.




Veg or Meat Samosa*   **£4.25 / £4.50**
Mix vegetable or meat samosa, wrapped in a triangle shaped filo pastry & deep fried.

Duck Spring Rolls*    **£4.95**
Succulent duck lightly spiced & wrapped in a crispy pancake.

Chicken or Lamb Puri*    ... **£5.50/£5.95**
Chicken or lamb cooked with onions, tomatoes and Indian spices wrapped in soft pancake type bread called puri.

Chicken Pakora*   **£4.95**
Lightly spiced strips of chicken breast battered in lentil flour and deep fried until crisp & golden.

Cod Fish Pakora*   **£5.75**
Lightly spiced strips of cod battered in lentil flour and deep fried until crisp & golden.

King Prawn Puri*    **£5.95**
King prawn cooked with onions, tomatoes and Indian spices wrapped in soft pancake type bread called puri.

House Starter*    **£5.95**
Selection of Onion Bhajee, Vegetable Pakora, Chicken Pakora and Chicken Tikka.

Tandoori Starters

Tandoori Chicken**   **£4.95**
Chicken on the bone marinated overnight freshly cooked in a tandoori oven.

Chicken Tikka**   **£4.95**
Cubed chicken marinated in spicy yoghurt sauce & cooked in tandoor for an authentic char-grill taste.

Lamb Sheek Kebab**   **£4.95**
Minced lamb delicately spiced, cooked with fresh garlic, ginger, mint, coriander & green chillies grilled in tandoor.

Tandoori Mix**   **£5.95**
A selection of barbecued chicken tikka, lamb tikka, tandoori chicken & sheek kebab all freshly cooked in tandoor.

All main meals come with Pilau Rice or Boiled Rice or Chips. (Except Biryani Dishes)

Favourite Dishes



All following dishes are available in
Vegetable **£9.95**
Tender Chicken **£10.50**
Chicken Tikka **£10.95**
Tender Lamb **£11.95**
King Prawn **£12.50**
Mix Meat (Chicken Tikka & Lamb) **£12.50**

Korma*   
Cooked in creamy sauce with coconut, almond powder & sultanas.


Rogan Josh**   
Blend of Indian spices, tomatoes, onions & fresh herbs topped with a creamy sauce.



Curry**  
Cooked in medium curry sauce.



Kashmiri*   
Cooked with fruits in a creamy sauce.

Bhuna**  
Cooked with a blend of spices, tomato, onions & fresh coriander.

Dopiaza**  
Cooked with mixed Indian herbs & lots of sautéed cubed onions.

Madras****  
Hot curry cooked with mixed Indian spices.

Vindaloo*****  
Cooked in a very hot thick sauce with potatoes.

Patia***  
Cooked with lots of onions, dash of lemon juice in a special sweet & sour thick sauce.

Dansak***  
A sweet & sour dish cooked with lentils & pineapple.

Biryani Dishes

Cooked with specially selected basmati rice, herbs, spices & sultanas. All biriyani dishes are accompanied with a curry sauce.




Vegetable Biryani**   **£9.95**
Chicken Biryani**   **£10.95**
Lamb Biryani**   **£11.95**
Chicken Tikka Biryani**   **£11.95**
Prawn Biryani**    **£12.50**
Tale Of Spice Mix Biryani**    **£12.95**




All main meals come with Pilau Rice or Boiled Rice or Chips.




House Specials

Garlic Chicken Chilli***   **£10.95**
Chicken tikka cooked in fresh garlic, peppers & green chillies in a hot sauce.

Chicken Chettinad***    **£10.95**
A South Indian favourite, tender chicken cooked with red chilli paste, turmeric and dry coconut.


Passanda*   
Chicken or Lamb **£10.95 / £11.95**
Chicken tikka or tender lamb in a creamy sauce of almonds, coconut, yoghurt & lemon juice.

Karahi**   
Chicken or Lamb **£10.95 / £11.95**
Tender chicken or tender lamb cooked in onion, green pepper, tomatoes & smothered in a rich creamy sauce with almonds & coconut.

Punjabi Masala*   
Chicken or Lamb **£10.95 / £11.95**
Tender cubes of chicken or lamb cooked with onions and peppers in a creamy sauce with almonds & coconut.



Balti Exotica***   
Chicken or Lamb **£10.95 / £11.95**
Chicken or tender lamb barbecued & lightly spiced with green peppers, onions, green chillies & fresh coriander.




Chicken Tikka Chilli Masala***   **£10.95**
Chicken tikka cooked with fresh green chillies, onions & tomatoes in a hot thick sauce.

Butter Chicken*    **£10.95**
Chicken tikka simmered in satin smooth tomato gravy flavoured with fenugreek leaves.

Tikka Masala*   
Chicken or Lamb **£10.95 / £11.95**
Chicken tikka or tender lamb gently spiced cooked with chefs special masala sauce made with more than 20 ingredients- ground almonds, cashewnut, coconut & cream to name a few.




Tikka Saag**  
Chicken or Lamb **£10.95 / £11.95**
Chicken tikka or tender lamb cooked with spinach in chefs specially selected herbs & spices.



Khurchan***  
Chicken or Lamb **£10.95 / £11.95**
Succulent chicken or tender lamb cooked with fresh garlic, ginger, onion, green peppers, green chillies, tomato & coriander.



Creamy Jalfrezi*   
Chicken or Lamb **£10.95 / £11.95**
Chicken tikka or tender lamb cooked with onions, mixed peppers, mushroom & fresh coriander in a rich creamy sauce of almonds & coconut.

All main meals come with Pilau Rice or Boiled Rice or Chips.

Hot Jalfrezi***  
Chicken or Lamb **£10.95 / £11.95**
Chicken tikka or tender lamb cooked with onions, mixed peppers, green peppers, mushroom & fresh coriander in a hot savoury sauce.

Rezala**   
Chicken or Lamb **£10.95 / £11.95**
Chicken tikka or tender lamb cooked with green peppers, coconut, cream & cashew nut paste.

Rara Gosht***  
Tender pieces of Lamb & Lamb mince cooked with ginger, garlic, green chillies & aromatic ground spices.

NagPuri***  
Chicken tikka and lamb cooked with onion and peppers in a flavoursome thick hot sauce

Tale of Spice Tikka Khazana**    **£12.95**
Chicken tikka, tender lamb and king prawns cooked with onion and peppers spiced with chefs special blend of herbs & spices to produce a delicate mild flavour.

Tandoori Specialities

All below are served with curry sauce.

Tandoori Chicken**   **£10.95**
Chicken on the bone marinated in ginger, garlic, yogurt & blend of spices cooked in a tandoori oven.

Lamb Sheek Kebab**   **£10.95**
Finely minced lamb mixed with a special blend of herbs, spices, ginger & garlic barbecued on skewers in tandoor.

Chicken Tikka**   **£11.95**
Succulent chicken pieces marinated overnight and cooked in a tandoor.

Chicken Shashlik**   **£12.50**
Succulent chicken pieces, onion & peppers marinated in yoghurt & spices cooked in tandoori oven.

Lamb Shashlik**   **£13.50**
Succulent Lamb pieces, onion & peppers marinated in yoghurt & spices cooked in tandoori oven.

Tandoori Mix**   **£13.95**
A special selection of barbecued chicken tikka, lamb tikka

Star System to indicate strength of curries

*Mild **Medium ***Fairly Hot ****Hot *****Very Hot

 - Gluten Free

Some dishes may contain nuts. If you have any allergy please inform a member of staff.